

	Unit Size	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (g)	Sodium (g)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
<b>Nutrition Facts</b>																
<b>BEEF</b>																
BEEF TRIMMED WHOLE ANGUS TENDERLOIN	3.5 LBS	6 OZ	260	100	12	4	111	95	0	0	0	38	0	0	41	2.72
BEEF FILET MIGNON STEAKS (4 PER PACK)	6 OZ	6 OZ	260	100	12	4	111	95	0	0	0	38	0	0	41	2.72
BEEF FILET MIGNON STEAKS (4 PER PACK)	10 OZ	10 OZ	434	166	18	7	184	159	0	0	0	63	0	0	68	4.54
BEEF FRENCHED RIB CHOPS (2 PER PACK)	32 OZ	16 OZ	521	200	22	8	221	191	0	0	0	75	0	0	82	5.44
BEEF FRENCHED RIB CHOPS (2 PER PACK)	28 OZ	14 OZ	611	234	26	10	259	224	0	0	0	88	0	0	96	6.39
BEEF COWBOY STEAKS (4 PER PACK)	20 OZ	20 OZ	1446	1036	115	52	391	318	0	0	0	103	28	0	57	9.87
BEEF RIBEYE STEAKS (4 PER PACK)	12 OZ	12 OZ	612	324	36	14	218	299	0	0	0	67	7	0	20	8.98
BEEF RIBEYE STEAKS (4 PER PACK)	16 OZ	16 OZ	817	433	48	18	291	400	0	0	0	89	9	0	27	11.99
BEEF NEW YORK STRIP STEAKS (4 PER PACK)	12 OZ	12 OZ	776	474	53	21	276	177	0	0	0	70	0	0	82	5
BEEF NEW YORK STRIP STEAKS (4 PER PACK)	16 OZ	16 OZ	10034	632	70	28	367	236	0	0	0	93	0	0	109	6.67
BEEF KANSAS CITY STRIP STEAKS (4 PER PACK)	20 OZ	20 OZ	1293	790	88	35	459	295	0	0	0	117	0	0	136	8.33
BEEF ANGUS T-BONE STEAKS (4 PER PACK)	20 OZ	20 OZ	1293	790	88	35	459	295	0	0	0	117	0	0	136	8.33
BEEF 4 RIB ROAST AND 3 RIB CHOPS	12-14 LBS	6 OZ	484	311	35	15	117	95	0	0	0	31	8	0	17	2.96
BEEF 7 RIB ROAST	12-14 LBS	6 OZ	484	311	35	15	117	95	0	0	0	31	8	0	17	2.96
DRY AGED BURGER	2 LBS	6 OZ	432	306	34	13	121	114	0	0	0	29	0	0	31	3.3
ANGUS BURGERS (4 PER PACK)	8 OZ	8 OZ	577	409	45	17	161	152	0	0	0	39	0	0	41	4.4
<b>WAGYU BEEF</b>																
TRIMMED JAPANESE WAGYU FROM MIYAZAKI REGION, WHOLE TENDERLOIN	5 LBS	6 OZ	422	292	32	13	126	104	0	0	0	31	2	0	7	4.03
TRIMMED AUSTRALIAN WAGYU 8/9 TENDERLOIN	3.5 LBS	6 OZ	422	292	32	13	126	104	0	0	0	31	2	0	7	4.03
JAPANESE WAGYU FROM MIYAZAKI RIBEYE STEAKS (1 PER PACK)	12 OZ	12 OZ	1377	1172	130	47	279	194	0	0	0	49	20	0	10	6.19
AUSTRALIAN WAGYU 8/9 RIBEYE STEAKS (4 PER PACK)	12 OZ	12 OZ	1377	1172	130	47	279	194	0	0	0	49	20	0	10	6.19
AMERICAN WAGYU CLASSIC STRIPS (2 PER PACK)	12 OZ	12 OZ	1333	1132	126	43	231	207	0	0	0	50	14	0	14	5.24
AMERICAN WAGYU SIGNATURE STRIPS (2 PER PACK)	12 OZ	12 OZ	1333	1132	126	43	231	207	0	0	0	50	14	0	14	5.24
JAPANESE WAGYU STRIP STEAKS (1 PER PACK)	12 OZ	12 OZ	1333	1132	126	43	231	207	0	0	0	50	14	0	14	5.24
AUSTRALIAN WAGYU 8/9 STRIPS STEAKS (2 PER PACK)	12 OZ	12 OZ	1333	1132	126	43	231	207	0	0	0	50	14	0	14	5.24
<b>GRASSFED BEEF</b>																
TRIMMED GRASSFED TENDERLOIN	3 LBS	6 OZ	260	100	12	4	111	95	0	0	0	38	0	0	41	2.72
GRASSFED RIBEYE STEAKS (4 PER PACK)	12 OZ	12 OZ	612	324	36	14	218	299	0	0	0	67	7	0	20	8.98
GRASSFED TOP SIRLOIN	6-8 OZ	6 OZ	342	195	22	9	128	88	0	0	0	35	0	0	41	2.52
GRASSFED BURGER	2 LBS	6 OZ	432	306	34	13	121	114	0	0	0	29	0	0	31	3.3
<b>VEAL</b>																
FRENCHED VEAL RACK CHOPS	12 OZ	12 OZ	551	276	31	13	279	303	0	0	0	64	0	0	44	2.93
VEAL BONELESS LOIN	3.5 LBS	6 OZ	277	140	16	7	134	145	0	0	0	32	0	0	27	1.27
VEAL BUTT TENDERS	2 LBS	6 OZ	259	120	13	6	133	129	0	0	0	32	0	0	19	1.33
VEAL SWEETBREADS	2.25 LBS	6 OZ	310	201	22	8	294	114	0	0	0	26	0	27.2	32	3.57
VEAL TOP SIRLOIN	2.25 LBS	6 OZ	187	40	4	1	134	136	0	0	0	34	0	0	19	1.36
VEAL SHANKS FOR OSSO BUCO (4 PER PACK)	5 LBS	6 OZ	192	53	6	2	128	143	0	0	0	33	0	0	34	1.29
<b>PORK</b>																
CROWN ROAST OF PORK	12-14 LBS	6 OZ	321	171	19	4	100	97	0	0	0	35	3	0	43	1.02
FREE RANGE IOWA PORK CHOPS	10 OZ	10 OZ	486	232	26	9	197	157	0	0	0	59	6	0	54	1.8
FREE RANGE IOWA PORK RACK	4.5 LBS	6 OZ	321	171	19	4	100	97	0	0	0	35	3	0	43	1.02
BONELESS PORK BUTT	6.5 LBS	6 OZ	224	87	10	3	102	110	0	0	0	32	0	0	24	2
BONE-IN PORK SHANKS (5 PER PACKAGE)	7 LBS	6 OZ	328	183	20	7	114	143	0	0	0	34	10	0	20	1
BONELESS LOIN OF PORK	5 LBS	6 OZ	286	129	14	3	110	81	0	0	0	37	3	0	12	1
PORK TENDERLOIN	3.5 LBS	6 OZ	204	54	6	2	110	88	0	0	0	35	0	0	10	2
PORK SPARERIBS	2 LBS	6 OZ	471	358	40	13	136	138	0	0	0	26	0	0	26	2
<b>LAMB</b>																
FRENCHED ROCKY MOUNTAIN LAMB RACKS	24 OZ	6 OZ	527	408	45	20	126	95	0	0	0	28	0	0	26	3
ROCKY MOUNTAIN LAMB LOIN CHOPS	6 OZ	6 OZ	527	408	45	20	126	95	0	0	0	28	0	0	26	3
ROCKY MOUNTAIN BONELESS LAMB LEG	7 LBS	6 OZ	391	261	29	13	117	95	0	0	0	30	0	0	15	3
ROCKY MOUNTAIN LAMB SHANKS (4 PER PACK)	8 LBS	6 OZ	342	205	23	10	122	122	0	0	0	32	0	0	19	3
<b>POULTRY</b>																
HERITAGE BREED FREE RANGE CHICKEN	3 LBS	6 OZ	342	333	37	11	32	17	0	0	0	45	68	0	4	0
HERITAGE BREED POUSSIN CHICKENS	1 LB	4 OZ	227	221	25	7	21	12	0	0	0	28	45	0	0	0
LONG ISLAND PEKIN DUCK BREASTS (2 PER PACK)	7 OZ	7 OZ	800	701	78	26	150	125	0	0	0	23	99	6	22	5

MOULARD DUCK LEGS (6 PER PACK)	12-14 OZ	12-14 OZ	1374	1204	134	45	258	214	0	0	0	39	170	10	37	8	
<b>PROVISIONS</b>																	
PORK AND BEEF HOTDOGS (8 PER PACK)	1 LB	2 OZ	140	100	11	5	30	380	2	0	0	8	0%	0%	0%	2%	
MOZZARELLA AND BROCCOLI RABE SAUSAGES (6 LINKS TO A PACK)	1 LB	2 OZ	140	100	12	4	38	490	1	0	0	10	2%	2%	4%	2%	
PORK AND APPLE SAUSAGES (6 LINKS TO A PACK)	1 LB	2 OZ	140	100	11	4	40	450	1	0	0	9	2%	2%	0%	4%	
SWEET FENNEL SAUSAGES (6 LINKS TO A PACK)	1 LB	2 OZ	140	100	11	4	40	450	1	0	0	9	2%	2%	0%	4%	
HOT CHILI SAUSAGES (6 LINKS TO A PACK)	1 LB	2 OZ	140	100	11	4	40	450	1	0	0	9	2%	2%	0%	4%	
SURRY FARMS HICKORY SMOKED SAUSAGES	12 OZ	3OZ	270	210	24	9	55	630	0	0	1	14	2%	0%	0%	4%	
SURRY FARMS SMOKED BACON	12 OZ	2 OZ	290	260	29	11	40	960	1	0	1	5	0%	0%	0%	2%	
SURRYANO HAM BONELESS	7 LBS	2OZ	70	25	3	1	35	1750	0	0	0	11	0%	0%	0%	2%	
SURRYANO HAM SLICES	.25 LBS	2OZ	70	25	3	1	35	1750	0	0	0	11	0%	0%	0%	2%	
FRENCH FOIE GRAS TERRINE	8.8 OZ	2 OZ															
KISHIBORI SHOYU, AGED ARTISAN SOY SAUCE	3.5 OZ (100 ML)	10ML	10	0	0	0	0	1.8	1	0	1	1	0	0	0	0	
KIZAMI WASABI, CHOPPED WASABI, FRESH FROZEN	3.5 OZ	5G	5	0	0	0	0	140	LESS THAN 1G	0	0	0	0	0	0	0	
YUZU KOSHO, YUZU CITRUS AND PEPPER PASTE	2.82 OZ	.17OZ	0	0	0	0	0	14	3	0	3	0	0	0	2%	5%	